

ANGEL NEWS



vickie's angel
FOUNDATION

The Official Newsletter of Vickie's Angel Foundation

October, 2022

Remembering Vickie Minnich as We Mark 20 Years of Love, Faith and Hope

As Vickie's Angel Foundation approaches its 20th anniversary and celebrates its run of providing more than \$4 million to local families affected by a cancer diagnosis, it's a fitting moment to return to the foundation's roots. So how does one accurately describe Vickie Minnich, the person for whom the foundation is named for?

"One thing about her was she was very humble and strong," said Jason Minnich, one of her two sons. "She was the glue in the family. She really

kept everyone focused. She kept track of everything for everybody — registrations, inspections on cars. ... She was family oriented. That was her main thing." To further illustrate this point, Jason shared that it was common for his mother to place a phone call to him each day. This was a time before cell phones were a common possession for most people, so Jason recalls coming home to a blinking red light on his home phone's answering machine. The light meant he had a message to check. It was usually his mom calling to check on him.

"It was hard going home after [her death] and seeing the answering machine — it's not red, it's not blinking. You have to learn to live without her," Jason said. "You realize you lose the person who is your support system. Someone who gives you

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Painting by Tina Reiley, 2003

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6 Celebrate our past events with photos of our volunteers

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11 It's not too late to register for this year's Vickie's Angel Walk!

Vickie's Angel Foundation

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Vickie's Angel Foundation is a non-profit organization declared tax exempt under 501 (c) (3) of the Internal Revenue Code. A copy of the official registration and financial information of Vickie's Angel Foundation may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. TAX ID # is 20-8755452.

Board of Directors

Mickey Minnich, President
Michael Boarman
Nic Caputo-Tellez
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Dolores Minnich
Carol Orr
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Alan Todd

Special Thanks

To everyone who gives time to walk, to volunteer and to raise the necessary funds to support Vickie's Angel Foundation. We also want to thank our wonderful sponsors who give money and in-kind donations of products so that we may conduct our events.

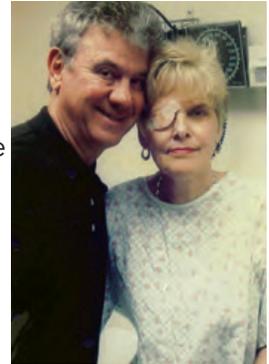
Our Mission

Vickie's Angel Foundation is a 501 (c) (3) non-profit with a mission of helping families fighting cancer who cannot pay their bills because of going through cancer treatment. Our goal is to take away the financial worry from the family, providing a temporary bridge that allows them to focus entirely on beating this disease. We offer them hope.



From the Founder's Desk

October 8, 2022 will be our 20th Walk honoring my wife of 37 years, Vickie Minnich. I want to take this opportunity to offer the biggest **thank you** ever to everyone who has helped to make Vickie's Angel Foundation the "Beacon of Hope" for our families in the 9 counties we serve. I am so blessed and humbled to have so many individuals who have connected to us through their journey and by all who contribute so much of the time, talents, and treasures to make Vickie's Angel Foundation what it is today. **Success is all about people and their commitment** - not fancy offices, furniture, or equipment. Everyday day is a blessing when you are surrounded by so many who care and strive to make a difference. I am truly a blessed man.



Our philosophy is simple, from all our events and donations, 100% of the net proceeds comes into our family account. How do you keep the lights on, Guardian Angels. See page 10 of this newsletter for additional information on how you can be a part of the team of angels.

"Cancer never takes a day off, and neither do we."

To all of you who have helped us,

Thank you! Thank you! Thank you!

Mickey Minnich

Mickey Minnich and his Angel Vickie
Founder & CEO



2022
Simply the Best Community/
Charity Event
2021
Simply the Best Community/
Charity Event
2020
Readers' Choice Best Nonprofit
2019
Reader's Choice Best Nonprofit
2018
Reader's Choice Best Nonprofit



VAF Gives Lebanon County Woman “People to Depend On”

After being diagnosed in April with breast cancer, Becky Firestone found herself in a difficult predicament. She was forced to take an unpaid leave of absence from her job. As she was out of work, she said she maxed out her credit cards and had to turn to friends and family members for financial support.

For a person who has always considered herself a caregiver for others, the experience has been incredibly humbling. Firestone said that feeling was also present when she took a friend’s suggestion and reached out to the people at Vickie’s Angel Foundation for help. Fortunately, though, that feeling quickly faded away as she forged a connection with the people at Vickie’s Angels and quickly saw her application for short-term financial support approved.

“They made me feel OK and valued, like an actual person,” Firestone said of the support she’s received. “Mickey [Minnich] and the entire committee [at Vickie’s Angels] are so wonderful. They make you feel like you’re worthy, that you have people to depend on and you’re not going through it alone — that you’re not the beggar that you feel you are.”

The financial support has helped Firestone, 54, focus on her treatment. She underwent a lumpectomy procedure and recently has been undergoing chemotherapy treatments. Once the chemo is completed, she said she’ll get a month break before radiation treatments begin.

Fortunately, the prognosis is good. Firestone, a resident of Palmyra, Lebanon County, said that her cancer was discovered in Stage 1A. Although she’s been battling exhaustion and nausea as she undergoes chemotherapy, she feels fortunate it was caught early.

“I keep telling everybody, ‘Listen to your body,’” Firestone said. “It sounds like a cliché, but I’m glad



I spoke up. Had I not, I would have waited another year for a mammogram.” Firestone also shared that she has been able to return to work part-time in her job as a support assistant at the Lebanon VA Medical Center, where she helps connect veterans with the health care they need.

Prior to her diagnosis, she used some of her spare time to volunteer, including for Big Brothers Big Sisters. She said that’s where she was connected years ago with an 8-year-old girl who she eventually adopted. Her daughter is now 20.

As for the future beyond her treatment, Firestone said that she’s looking forward to a return to a semblance of normalcy. “I’m looking forward to being able to do things. Right now, I’m just stuck in the house and don’t have the energy to do anything,” she said. “I would really like to travel a little bit, do some fun stuff.”



PENNSYLVANIA CANCER SPECIALISTS

Research Institute

www.pcsri.com

UPCOMING EVENTS CALENDAR

Sept 24

New Cumberland Apple Festival

9 AM to 4 PM

New Cumberland Borough Park, Front St., New Cumberland
Drop by the Vickie's Angel Foundation's booth

Oct 1 12th Annual Breast Friends Booooo Bash Halloween Event

Located at the West Shore Elks, 108 N. St. Johns Church Rd.,
Camp Hill, PA 17011

Come and enjoy the sounds of Swiftkick.

\$30 per person includes food, beer and wine (while supplies
last) Doors open at 5:30PM – Dance lasts until approximately
11PM Cart of Cheer Raffle - Silent Auction - Basket Raffle -
50/50

Call Jim at 717-979-3142 or Andrea at 717-512-2119 or email
marilyn.blaine@aol.com

Oct 8 20th Annual Vickie's Angel Walk & Gathering (Never a registration fee)

**TWO locations this year – New
Cumberland Borough Park and
Friendship Center YMCA in Lower
Paxton Township**



Donate, Join Us or Walk Where You Are

100% of the Proceeds Benefit Local Families

New Cumberland Borough Park, Front St., New Cumberland
Friendship Center YMCA, 5000 Commons Drive Harrisburg PA
Registration starts at 8AM – Program at 9:00AM – Walk at 9:30 AM
Food – Drawings – Raffles - Rain or Shine

Begin fundraising now when you register yourself or your team
by visiting our website at vickiesangelfoundation.org. More
than a walk, this is a gathering of friends and families for
everyone. Come be inspired and encouraged - you don't have
to walk – all are welcome!

Oct 22 Lemoyne PumpkinFest

The PumpkinFest will be held from 10 am to 2 pm. For more
information, contact Anne-Marie Brandt
events@teambrandt.net. More to come on location and event
details.

Oct TBD Susquehanna Township Pink Out, 7 PM to 9:30 PM

Roscoe Warner Field, 3500 Elmerton Ave, Harrisburg, PA.

Doors open at 6 PM

Pink Out t-shirt and luminary sales will benefit VAF

Order form is on VAF website under this event.

Oct 30 Wiggity Wings Golf Tournament 9AM – 1PM

Manada Golf Course 609 Golf Lane Grantville, PA, 17028

See our Events page for more details: www.vickiesangelfoundation.org

Nov 4

2nd Annual VAF Harvest Sweetheart Dance, 7 PM to 11 PM

**Featuring the Central PA Music Hall of
Fame Band - Pentagon!**



Penn Harris, 1150 Camp Hill Bypass, Camp Hill, PA 17011

\$50 pp includes hors d' oeuvres, beer, wine and soda (while
supplies last)

Purchase tickets securely online at [vickiesangelfoundation.org/](http://vickiesangelfoundation.org/events)
events

Call Vickie's Angel Foundation (717) 774-3800 or email mick-ey@vawalk.org

Nov 24 18 th Annual SMT Turkey Trot

New Cumberland Borough Park, Front St., New Cumberland,
PA 17070

Register online at smtturkeytrot.org

Race begins at 8:00AM

Call Mari Lynn Dare at (717) 418-4157 or email [smtturkeytrot@](mailto:smtturkeytrot@yahoo.com)
yahoo.com

Nov 25 An Evening of Heart & Soul - Chapter 8

Penn Harris, 1150 Camp Hill Bypass, Camp Hill, PA 17011

Featuring a local band TBA

\$50 per person includes food, beer and wine (while supplies
last)

Doors open at 6:00PM - Dance lasts until approximately 11PM

Call Mike Davis at 717-580-5622 or email jhpioneers@hotmail.com

We are proud to say that 100% of net proceeds for all events benefit local families. For our signature event, the Vickie's Angel Walk, 100% of ALL money goes to local families! Please visit our current events calendar at vickiesangelfoundation.org for the latest information!



Vickie Minnich Tribute, continued from cover

unconditional love and is there for you.”

Vickie’s story is one that is familiar to many people who have been helped over the years by the foundation established in her name. Vickie and her husband, Mickey, had just moved into a new home in New Cumberland in the fall of 2002. At the time, Vickie developed double vision, which set in motion a challenging search for answers. The Minnichs visited several doctors and struggled to obtain a concrete diagnosis that would allow them to chart a plan of action for Vickie.

Unfortunately, Vickie was eventually diagnosed with an inoperable brain tumor. As Mickey has described it, she was suffering from multiple myeloma and undifferentiated malignant neoplasm. She passed away only about five months after first experiencing the double vision that affected her when the Minnichs moved to their home in New Cumberland.

After her passing, Mickey established an organization that eventually became Vickie’s Angel Foundation, a 501 (c) (3) non-profit with a mission of helping families fighting cancer who have difficulties paying their bills during the challenging times of undergoing cancer treatments. Based in New Cumberland, the foundation serves nine counties in the surrounding area — Adams, Cumberland, Dauphin, Franklin, Lancaster, Lebanon, Perry, Schuylkill and York.

In addition to the financial support it delivers to people in need, Mickey and others involved in the foundation often provide emotional support and guidance to each person and family they come in contact with. It’s a way for someone who is battling the uncertainties associated with a cancer diagnosis to communicate with others who empathize with their situation and help them move forward. It’s a fitting way to pay tribute to a woman who was always the rock and caregiver for her family during her life.



Complete cancer care.
Led by an academic medical center based right here.

Penn State Cancer Institute offers patients access to new and innovative cancer treatments through our collaborative research and clinical trials program.

Let’s find a cure together.
To see our current open trials, visit
<https://cancer.psu.edu/clinical-trials>



CAN-16882-22



Bobby
Rahal
TOYOTA

We’re proud to support Vickie’s Angel Foundation for the last seven years!







Rutter's Campaign Supports VAF in October

During the month of October, Rutter's Convenience Stores will support Vickie's Angel Foundation by collecting donations with their collection cannisters.

When you stop by Rutter's for your gas, candy bar, or cup of coffee, remember to throw your extra change into the cannister.

We are grateful to Rutter's for this opportunity to raise awareness about our work for local families fighting cancer.



Keep Smiling!

Remember to choose Vickie's Angel Foundation as your favorite charity when making purchases on Amazon!

Use **smile.Amazon.com**, and Amazon will donate .5% of your total eligible purchases to the Foundation. It's easy - and doesn't cost anything extra! Remind your friends and family to use it as well. The more Amazon purchases that designate Vickie's Angel Foundation, the more money we can raise for local families!





Maui Vacation Raffle

Ticket Order Form

This raffle is held in accordance with all federal, state and local laws. You must be 18 years of age to purchase by cash, check or debit card.

Drawing to be held on November 4 at the Harvest Sweetheart Dance at the Penn Harris Hotel.
Drawing at 9:30 p.m. - winner need not be present to win.

Two Week Maui Vacation, \$100 Donation

Includes airfare for two, car rental, and a 14-day stay (March 13 - March 27, 2023) at an upscale three-bedroom master suite condominium property! The winner will be staying at the Maui Lea at Maui Hill.

Ticket(s) Buyer _____

Phone _____ Email _____

Street address _____

City _____ State _____ Zip _____

Number of Maui Raffle Tickets _____ @\$100 each Total \$ _____

Mail in purchases should be post marked no later than Oct. 15, 2022.

Total enclosed \$ _____

**From last year's
winner
Theresa Garling**

*Our Hawaii trip was a dream come true, especially for me. I have wanted to go there all of my life and at my age thought I'd never get there. It was so beautiful. Words cannot express. Maui is indeed the most beautiful island. We did so many wonderful things. I can't say what was my favorite: watching the cliff divers, sunning and swimming at the many secluded gorgeous beaches, walking down and back up to the Cinnamon Roll in morning then picnicking with our breakfast right across the road at one of the many beautiful parks along the ocean; going to the swap meets (which we call flea markets here), eating at the fabulous restaurants (they're not that expensive and some are even cheap) and learning how to pronounce all the Hawaiian names and words! But I did really love our tour boat ride to whale watch! They guaranteed we'd see whales and if we did not, we'd get to go again for free. Our captain was superb and hovered in the sunny blue sky while it rained in Lahaina, which was our port. It was so cool to see the rain and not be in it. And oh my gosh, the Condo. It was beautiful and private and I cannot say enough about it. Waking up to sit on our lanai in the morning and hear all the birds!!! Oh and the birds and flowers!!! I could go on and on. We loved it!
Thank you Vickie's Angel Foundation Mickey and Grace and Phil (trip donor)*

All proceeds benefit Vickie's Angel Foundation. We are a 501 (c) 3 non-profit with a mission of helping families fighting cancer who cannot pay their bills while undergoing cancer treatment. Our goal is to take away the financial worry from the family, providing a temporary bridge that allows them to focus entirely on beating the disease. We offer hope.



Our Financial Disbursements

20 years of Supporting Local Families

SUMMARY OF FAMILY DISBURSEMENTS 2017 - 2022

We call our families each Tuesday and pay their bills every Thursday.

	2017-18	2018-19	2019-20	2020-21	2021-22
September	25,281	22,181	24,670	22,088	22,747
October	26,570	26,016	39,812	29,053	28,748
November	34,067	40,440	30,919	29,778	28,480
December	20,240	32,770	26,171	22,737	46,122
January	13,128	37,929	43,982	22,741	36,689
February	22,515	30,274	34,387	23,781	33,153
March	17,653	32,044	38,234	30,826	32,656
April	15,221	30,934	32,790	28,332	34,309
May	19,878	37,668	18,293	23,640	27,047
June	21,484	26,591	11,034	17,561	45,609
July	25,750	26,637	21,920	35,605	39,044
August	24,843	33,745	22,535	26,942	35,287
Total Disbursements	266,630	379,339	344,747	313,534	413,253

Become a Guardian Angel

As a veteran football coach, Mickey always has a gameplan. His master strategy for allowing 100% of net proceeds from events to support families battling cancer includes a well-thought-out program to cover operating costs. **Guardian Angels** are a unique part of our mission. Donors to this program keep our doors open and the lights on

for our busy office. Only donations to our **Guardian Angel** Program are dedicated exclusively to our operating costs.

You may wonder exactly the type of expenditures we cover with the contributions from our **Guardian Angels**. Their funding provides for rising office expenses such as office supplies, postage, printing costs, technology, annual audit, utilities, staffing.

Join Mickey's special team of **Guardian Angels** by clicking the "Donations" tab on our website. Our goal is to encourage new Guardian Angels in 2022 to sustain our mission for years to come. Please mention our program to your network of friends and family members. Corporate sponsorships to our **Guardian Angel** Program are also available.

Call our office for details and ask for Coach Minnich! 717-774-3800

More running.
Less runaround.

Capital

Capital Blue Cross is an Independent Licensee of the Blue Cross Blue Shield Association.



Vickie's Angel Foundation
511 Bridge Street
P.O. Box 174
New Cumberland, PA 17070

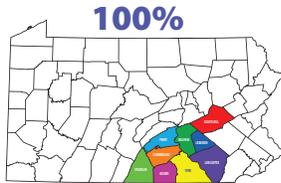
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"A TEMPORARY FINANCIAL BRIDGE"

Benefiting Families Fighting Cancer

9 COUNTIES

ALL CANCERS, ALL AGES, ALL THE TIME



Total Population 2,055,337

**VICKIE'S ANGEL FOUNDATION THANKS
OUR CELESTIAL ANGEL SPONSOR:**



**PENNSYLVANIA
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717-918-9600

Satish A. Shah, MD Jasmine Ross, MD

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